



ΔΗΜΟΚΡΕΙΤΕΙΟ
ΠΑΝΕΠΙΣΤΗΜΙΟ
ΘΡΑΚΗΣ

DEMOCRITUS
UNIVERSITY
OF THRACE

ΕΛΛΗΝΙΚΗ ΔΗΜΟΚΡΑΤΙΑ
ΔΗΜΟΚΡΕΙΤΕΙΟ ΠΑΝΕΠΙΣΤΗΜΙΟ ΘΡΑΚΗΣ
ΓΕΝΙΚΗ ΔΙΕΥΘΥΝΣΗ ΠΡΟΓΡΑΜΜΑΤΙΣΜΟΥ ΚΑΙ ΑΝΑΠΤΥΞΗΣ
ΔΙΕΥΘΥΝΣΗ ΠΡΟΓΡΑΜΜΑΤΙΣΜΟΥ ΚΑΙ ΑΝΑΠΤΥΞΗΣ
Τμήμα Διεθνών Σχέσεων/Γραφείο Erasmus+
Πανεπιστημιούπολη, 69 100 Κομοτηνή

HELLENIC REPUBLIC
DEMOCRITUS UNIVERSITY OF THRACE
GENERAL DIRECTORATE OF PLANNING AND DEVELOPMENT
PLANNING AND DEVELOPMENT DIRECTORATE
Department of International Relations/Erasmus+ Office
University Campus, GR-69 100 Komotini

Προς
τους/τις υποψήφιους/ες διδάκτορες/ισσες του ΔΠΘ

Θα θέλαμε να σας ενημερώσουμε πως το **University of A Coruña** στην Ισπανία (Universidade Da Coruña - UDC), εταίρος του ΔΠΘ στη Συμμαχία Ευρωπαϊκών Πανεπιστημίων **EMERGE**, πραγματοποιεί Ημέρες Καριέρας με τίτλο "**Boosting careers for junior researchers and professionals**", στις **22-26 Ιουνίου 2026**, στην **A Coruña** (βλ. επισυναπτόμενο πρόγραμμα), στις οποίες έχει προβλέψει έναν **μέγιστο αριθμό 7 θέσεων** για υποψηφίους/ες διδάκτορες/ισσες από το ΔΠΘ.

Η συμμετοχή μπορεί να καλυφθεί από τα κονδύλια του προγράμματος Erasmus+. Οι ενδιαφερόμενοι/ες μπορούν να υποβάλουν αίτηση στο πλαίσιο της Συμπληρωματικής Πρόσκλησης Erasmus+ "**Βραχυχρόνια Κινητικότητα Υποψηφίων Διδασκόντων για Πρακτική Άσκηση για το 2025-2026**" (<https://erasmus.duth.gr/?p=1526>), της οποίας η προθεσμία λήγει στις **14/2/2026**.

Στην περίπτωση που παραληφθούν περισσότερες των 7 αιτήσεων, η επιλογή των συμμετεχόντων θα γίνει σύμφωνα με τα κριτήρια μοριοδότησης της ανωτέρω αναφερόμενης Πρόσκλησης.

Μπορείτε να υποβάλετε αίτηση για να λάβετε επιστολή αποδοχής από το UDC, καθώς και περισσότερες πληροφορίες, στις παρακάτω διευθύνσεις ηλεκτρονικού ταχυδρομείου του University of A Coruña :

coordination.emerge@udc.gal
administration.emerge@udc.gal

Με εκτίμηση,

Η Συντονίστρια Ιδρύματος Erasmus+

Καθηγήτρια Μαρία Γρηγορίου
Αντιπρύτανης Ακαδημαϊκών Υποθέσεων,
Φοιτητικών Θεμάτων και Δια Βίου Εκπαίδευσης



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EMERGE UDC Open Career Days June 2026

“Boosting careers for junior researchers and professionals”

A Coruña, Spain, 22nd -26th June 2026

Early career researchers (students, PhDs and postdocs) will present their research work meet potential employers and upgrade their soft skills and receive professional counselling from representatives from the industry sector, civil society governments and academia

Detailed programme, definitive dates and venue will follow. Tentative programme:

Monday, June 22nd

10:00–11:00 Arrivals and registration
11:00–11:30 Institutional welcome and Career Days presentation
11:30–13:30 **‘Advanced skills for impactful careers in and beyond research I’** by Dr. Elena Solera and Dr. Andrea Ciambra, UDC International Projects Office
13:30–15:30 Lunch
15:30–17:00 **Visit to UDCs Research Centres: CITEEC**
17:30–19:00 A Coruña guided City Tour

Tuesday, June 23th

9:00–11:00 **‘Advanced skills for impactful careers in and beyond research II’** by Dr. Elena Solera and Dr. Andrea Ciambra, UDC International Projects Office
11:00–11:30 Coffee Break
11:30–13:00 **Visit to UDCs Research Centres: ESCI**
13:30–15:30 Lunch break
15:30–17:00 **Visit to UDCs Research Centres: CITIC**
17:00–18:30 **Visit to UDCs Research Centres: CICA**

Wednesday, 24th

9:00–10:30 **Presentation of research works by early career academics I: TC1 Inclusion and solidarity**
10:30–11:00 Coffee Break
11:00–12:30 **Presentation of research works by early career academics II: TC2 Sustainability and digital transition**
12:30–14:00 **Presentation of research works by early career academics III: TC3 Resilience and wellbeing**
14:00–16:00 Lunch break
16:00–17:30 **Presentation of research works by early career academics IV: TC4 Plurilingualism and multiculturalism**

Thursday, 25th

9:00–11:00 **Professional counselling and employment fair by representatives of industry and stakeholders I**
11:00–11:30 Coffee Break
11:30–13:30 **Professional counselling and employment fair by representatives of industry and stakeholders II**
13:30–15:30 Lunch break
15:30–17:30 **Professional counselling and employment fair by representatives of industry and stakeholders III**

Friday, 26th

9:00–11:00 **Express professional interviews and employment fair by representatives of industry and stakeholders I**
11:00–11:30 Coffee Break
11:30–13:20 **Express professional interviews and employment fair by representatives of industry and stakeholders II**
13:20–13:30 Institutional closing words



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Europa-Universität
Flensburg



Inland Norway
University of
Applied Sciences



UNIVERZITA
MATEJA BELA
V BRNO



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Monday, 22nd: Registration, introduction, advanced skills for research workshop I, and CITEEC

Programme:

- **Advanced skills for impactful careers in and beyond research I''** by Dr. Elena Solera and Dr. Andrea Ciambra, UDC International Projects Office
- **Visit to UDCs Research Centres: [CITEEC](#)**

Tuesday, 23th: Advanced skills for research workshop II, and CITIC and CICA visits

Programme:

- **Advanced skills for impactful careers in and beyond research I''** by Dr. Elena Solera and Dr. Andrea Ciambra, UDC International Projects Office
- **Visit to UDCs Research Centres: [CITIC](#)**
- **Visit to UDCs Research Centres: [CICA](#)**



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Wednesday, 24th: Presentation of research works by early career academics.

Talks will be structured on a 8' presentation basis followed by 2' set of questions. Two parallel session will be provided when required. Each of the research TEAMS sessions will be distributed in terms of EMERGE Alliance four thematic clusters that follow. Detailed programme will follow

- TC1 Inclusion and solidarity
 - Social inclusion and cohesion
 - Decent work and economic growth (SDG 8)
 - Access to quality education (SDG 4) and training
 - Gender equality (SDG 5)
 - Reducing inequalities (SDG 10)
- TC2 Sustainability and digital transition
 - Circular economy
 - Industry, innovation and infrastructure (SDG 9)
 - Sustainable cities and communities (SDG 11)
 - Responsible production and consumption (SDG 12)
- TC3 Resilience and wellbeing
 - Active European citizenship
 - Good health and wellbeing (SDG 3)
 - Peace, justice and strong institutions (SDG 16)
- TC4 Plurilingualism and multiculturalism
 - Language and culturally sensitive education
 - Educating for intercultural competence
 - Preserving minority and heritage languages, heritage

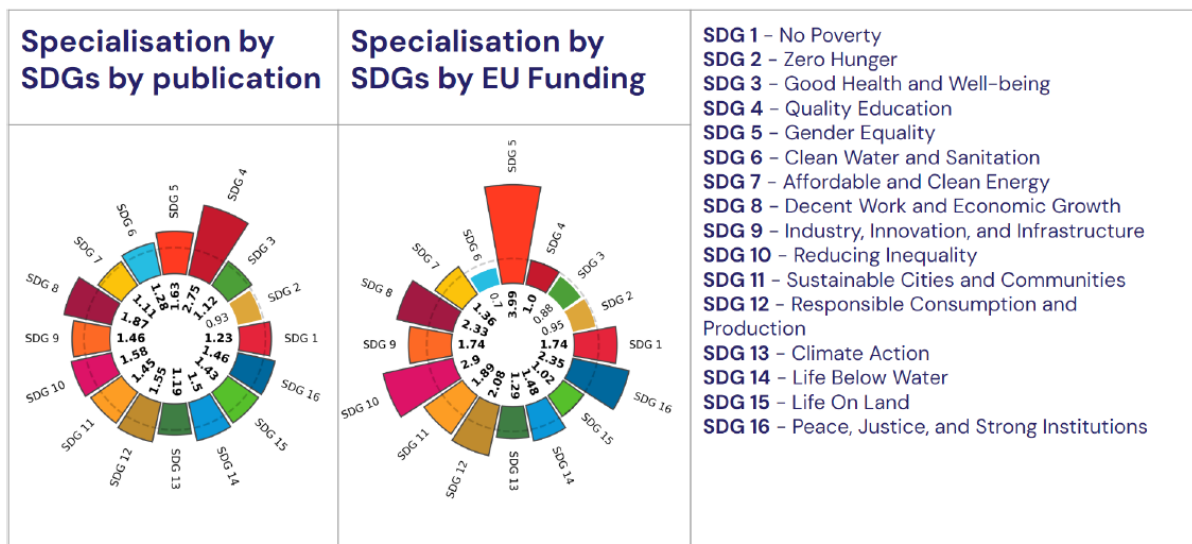


Figure 1: Specialisation by SDG by publication and EU-funded research compared to EU mean.



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Thursday, 25th: Professional counselling and employment fair by representatives of industry and stakeholders

Talks will be structured on a 15' presentation basis followed by 5' set of questions. Two parallel session will be provided when required. Professional counselling and employment fair by representatives of industry and stakeholders. Information about the company/institution/stakeholder research and/or professional activities is expected together with their talent recruitment policy and professional careers opportunities. Detailed programme will follow

Friday, 26th: Express interviews and employment fair. Closing words.

Express professional interviews and employment fair by representatives of industry and stakeholders. Closing words. Detailed programme will follow